



R. LallianzelaProgram Officer, NSS

About National Service Scheme (NSS): The motto or watchword of the National Service Scheme is 'not me but you'. This expresses the essence of democratic living and upholds the need for selfless service and appreciation of the other man's point of view and also to show consideration for fellow human beings. It underlines that the welfare of an individual is ultimately dependent on the welfare of society as a whole. Therefore, it should be the aim of the NSS to demonstrate this motto in its day-to-day programme.

Goals: Education through community service and community service through education.

Objectives:

- 1) To kindle the students' social consciousness.
- 2) To give them opportunities:
 - a) To work with and among people.
 - b) To develop awareness and knowledge of social realities.
 - c) To have a concern for the well being of the community, particularly of the weaker sections.
 - d) To engage themselves in creative and constructive social work.
 - e) To put their scholarship to practical use in mitigating at least some social problems and in promoting welfare.

- f) To gain skills in the exercise of democratic leadership.
- g) To gain skills in the programme of development for self involvement during leisure and vacation period of National development.
- h) To enrich personality.

NSS in HATIM: The NSS unit was established in Higher And Technical Institute, Mizoram (HATIM) by the 49th Council Body Meeting of the college on 22nd August, 2016. Mr.R.Lallianzela, Asst.Professor, Department of Social Work and Mr.Benjamin Lalnunfima, Asst.Professor, Department of English were appointed as Program Officers. Initially, the programme comprises of two units with over 100 volunteers under the supervision of one programme officer respectively. In 2020, NSS Unit HATIM was offered a new unit comprising of 100 volunteers. Ms.C.Lalrintluangi, Asst Professor, Department of Commerce, HATIM was appointed as a new Program Officer. Currently, HATIM has 3 NSS units that are actively involved in community works and youth development.

Activities: The NSS activites are broadly categorized into two – Regular Activities (RA) and Special Camping (RC).

I. <u>Regular Activities (RA)</u> Regular Activities (RA) are those activities that are carried out throughtout the financial year for which funds are allocated.

The Regular Activities (RA) for 2019-2020 are provided in the table below.

S. No.	Date	Programme	Venue	No. of Participants
1	21 st June (Fri), 2019	International Day of Yoga (NYK Lli, Nursing School Lli, Hill Faith School, Lunglawn)	HATIM Auditorium, Chanmari	9 + 42 = 51
2	12 th July (Fri), 2019	Attending 1st Prize Award (overall category) in Voluntary Blood donation during 2018- 19 cum Release of NSS Directory 2019-20	Aijal Club	1 (PO)
	27 th July		College	M=16
3	(Sat), 2019	Plantation Day (95 Mangos)	campus,	F=10
	(3ai), 2019		Kawmzawl	PO=1

	ard A (C)	Observance of	College	M=16
4	3 rd Aug (Sat),	SwachhaPakhwada (Cleaning	campus,	F=15
	2019	of the Institution)	Kawmzawl	PO=1
		Anti-Tobacco Awareness Prog.		
	cth A	(Jointly organised by: NSS Unit,	College	All the
5	6 th Aug	HATIM; Anti-Tobacco Cell,	campus.	students &
	(Tues), 2019	HATIM & Tobacco Cessation	Kawmzawl	Faculty
		Clinic, Civil Hospital, Lli)		
	10 th Aug		College	M = 14
6	(Sat), 2019	Cleaning of the NSS Park	campus,	* Principal * NSS POs M=112 F=90 M=96 F=84 Outsider(s)=
	(0.0.9)		Kawmzawl	
	15 th	Celebration of Independence,	College	* All students
7	Aug(Thurs),	2019 & Observance of	campus,	* Principal
	2019	SwachhtaPakhwada	Kawmzawl	* NSS POs
	23 rd Aug	Land American Programme	HATIM	M=112
8	(Fri), 2019	i Legai Awarriess Programme	Auditorium,	F=90
	11th Cart	Mizaram Stata Anti Tohassa	HATIM	M=96
9	11 th Sept.	Mizoram State Anti-Tobacco	Auditorium,	F=84
	(Wed), 2019	Day, 2019	Kawmzawl	Outsider(s)=
	12 th Sept,			M=9
10	_	Clean Zotuitlang	Zotuitlang	F=10
	(Thurs), 2019	19		Outsider(s)=
	13 th Sept,			M=14
11	_	Mass Cleanliness Drive	Nghasih Lui	F=9
	(FII), 2019	(Fri), 2019		PO=1
	24 th Sept,	Celebration of 50th NSS	Convention	M=5
12	(Tues), 2019	Foundation Day-2019 (Golden	Centre, Lunglei	F=5
	(Tues), 2013	Jubilee): Jointly organised by	cerrire, Eurigier	PO=1
	19 th Oct,			M=15
13	(Sat), 2019	Cleaning of Plantation site	Kawmzawl	F=9
	(380, 2013			PO=1
	8 th Feb, (Sat),			M = 17
14	2020	Cleaning Lunglei Park	ChanmariLLi	F= 14
	2020			PO=2

15	11 th Feb (Wed), 2020	HIV/AIDS Awareness campaign	HATIM Auditorium Kawmzawl	* All the students
	15 th Feb			M=6
16		Renovation of Public Urinal	Pukpui	F=12
	(Sat), 2020			POs =2

The Regular Activities (RA) for 2020-2021 are provided in the table below.

S. No	Date	Programme	Venue	No. of Participants
1	31 st May, (Sun), 2020	Attending Impact of Covid19 effect on tobacco users	Online	M=5 F=4 PO=2
2	2 nd June, Tues), 2020	Cleaning and preparing Ladies Residence, Kawmzawl for Covid-19 quarantine centre	HATIM, Kawmzawl	M=12 F=6 PO=2
3	12 th June, (Fri), 2020	NSS Cell MZU Workshop Cum Meeting	Online	PO=3
4	7th July, Tues), 2020	Attended NSS meeting regarding the observation of Green Mizoram Day	Online	PO=1
5	9 th July, (Thurs), 2020	Attended Online Worshop on Swacchhta Action Planorganised by MGNCRE, MHRD	Online	PO=2
	ard A	Masting with State Lavel Dad	Charana ari	M=4
6	3 rd August, (Mon), 2020	Meeting with State Level Red Ribbon Club (RRC)	Chanmari Campus	F-2 PO=2
	(,	p	Outsider=1
7	25 th Aug, (Tues), 2020	Topic: EBSB Bihar, Tripura and Mizoram	Webex online meeting	PO=2
8	5 th Sept,	Teacher's Day (Poster of wishing the teacher by NSS	Online	M=2
	(Sat), 2020	Volunteers)		F=1

	16 th Sept,		Chanmari	M=10
9	(Wed), 2020	Fit India Freedom Run	Campus,	F=8
	(vveu), 2020		Lunglei	PO-3
10	19 th Sept, (Sat), 2020	Webinar on National Education Policy 2020	Google Meet	PO=2
	24 th Sept.	NSS DAY - Blood	Civil Hospital,	M=15
11	(Thurs), 2020	Donation@11 Units	LLi	F=12
	(111013), 2020	Donation & 11 on to	LLI	PO=3
	8 th Oct.		Chanmari	M=6
12	(Wed), 2020	Pledge against COVID-19	Campus	F=2
	(vveu), 2020		Carripus	PO=3
				M=11
	10 th Oct.	Faina Hanta with Section IV	Cleaning of	F=8
13		Faina Hapta with Section-IV,	Chanmari	PO=3 Outsider(s)=
	(Sat), 2020	Branch YMA, Chanmari	Campus	Outsider(s)=
				36
14	26 th Oct. (Mon), 2020	Webinar on <i>Ek Bharat</i> <i>Shrestha Bharat</i>	Online	PO=1
15	29 th Oct. (Thurs), 2020	Webinar on COVID 19: Current Issues and Challenges	Online	PO=1
16	11 th Feb, (Thurs), 2021	Capacity Building & Awareness on Covid-19 Vaccination	Online	PO=2
	27 th Feb,		Dutlungasih	M=12
17	•	Cleanliness Day	Putlungasih,	F=11
	(Sat), 2021		Lunglei District	
	24 th March,		HATIM	M=62
18		NSS Orientation Programme		F=57
	(Wed), 2021		Auditorium	PO=3
19	31 st March, (Wed), 2021	Discussion & Analysis of Draft National Youth Policy 2021	ONLINE – Zoom meeting	PO=2



The Regular Activities (RA) for 2021-2022 are provided in the table below:

S. No	Date	Programme	Venue	No. of Participants
	10 th April,		College	PO=3
1	(Sat), 2021	Cleanliness Work	Campus,	M=50
	(381), 2021		Kawmzawl	F=12
2	31 st March, (Wed), 2021	Discussion & Analysis of Draft National Youth Policy 2021	Zoom (Online)	PO=2
3	29 th May, (Sat), 2021	NSS Mizoram Review meeting on Covid-19 Second Wave	Google Meet (Online)	PO=1
4	2 nd June,(Wed), 2021	NSS Mizoram PO Meeting	Google Meet (Online)	PO=2
5	9 th June,	Providing luch for Covid Care	Covid Care Centre, SIRD	PO=2
)	(Wed), 2021	Centre, SIRD Pukpui, Lunglei	Pukpui,	M=2
			Lunglei	F=3
	24 th		College	PO=3
6	September,	Observation of NSS Day -	Campus	
	(Fri), 2021	Cleanliness Day	Kawmzawl,	M=15
			Pukpui	F=2
	15 th Dec,	Christmas Present @ Rs.	Baptist Church Orphanage,	PO=2
7	(Wed), 2021	4,000/-	Serkawn,	M=3
	(1100), = 1	, ,	Lunglei	F=3
8	21 st December, 2021 (Tues)	Essay writing on "Unsung Local Heroes of Freedom Movement" OR Vision India - 2047	Letter from Programme Coordinator, MZU(as a part of celebration of 75 th Year of India's	M=2
			Independence)	F=5

	21 st		TI	PO=2
9	December,	Renovation of Public Urinal	Theiriat &	M=3
	2021 (Tues)		Lunglawn	F=1
10	12 th & 13 th January,	Virtual Edition of National Youth Festival	Online	M=7
	2022	Youth Festival		F=5
11	25 th January,	Blood Donation(as a part of celebration of 73rd Republic	Blood Bank, Civil Hospital,	M=14
	2022 (Wed)	Day of India)	Lunglei	F=3
	26 th	In Aid of Myanmar refugee	Thaizawl,	PO=3
12	February,	camp (640 people approx.)	Lunglei	M=2
	2022 (Sat)	Саптр (646 реорге арргох.)	Lungier	F=2
13	24 th March,	Anti Tohacco Awaronacc	HATIM	PO=1
	•	Anti-Tobacco Awareness	Auditorium	M=30
	2022 (Thurs)	Campaign	Auditorium	F=17

II. Special Camping (SC) Special Camping (SC) are specifically funded activities which involves direct community participation by organizing 7 days camp in the villages/communities where certain activities are undertaken with the community, based on their felt needs. The Special Camping (SC) organized for 2019-2020 are provided in the table below:

S. No	Date	Programme	Venue	No. of Participants
				M=39
1	17 th -23 rd	Special Camping -1	Sazaikawn	F=23
'	Aug 2019	(footpath)	Sazarkawii	PO=1
				Outsiders=30
		Special Camping - 2		M=25
		Construction of Urinal Disking	Lunglawn	F =20
	20 th -26 th Feb	Construction of Urinal, Picking the garbage, etc.	Lungiawn	PO = 2
2	2020	trie garbage, etc.		Others = 5
	2020	Awareness Prog on Tobacco &	Gov't.	PO =2
		cancer Control	Liantawna H/S,	Teachers = 3
		Caricer Control	Lunglawn	Students = 60

2	20th - 26th Feb 2020	Painting of Urinal	Lunglawn	M=15 $F=22$ $PO=2$ Others = 10 $M=26$
		Special Camping - 3		F =24
		(Construction of Urinal, Picking	Zohnuai	PO = 2
		the garbage, etc)		Others = 7
				M=2
	7 th -13 th	Awareness Prog on Cancer &	Zahawai KND	F=4
3	7 -13 March 2020	Tobacco Control	Zohnuai, KNP	PO=2
	IVIAICH 2020			Others = 80
				M=10
			7 1 .	F=16
		Painting of Public Urinal	Zohnuai	PO=2
				Others = 10

The Special Camping (SC) organized for 2020-2021 are provided in the table below:

S.	Date	Programme	Venue	No. of
No	Date	Fiogramme	Venue	Participants
		Special Camping – 1		PO=3
		Renovation of Public Water Point; distribution of	Bazarveng Lunglei	M=15
1	18 th – 24 th Feb,201	Pamphlets-"Water		F=16
	24 1 65,201	Conservation"&Covid-19 Vaccination Awareness Programme		Outsider(s)=6
		Special Camping – 2		PO=3
	5 th – 11 th	Renovation of Public Water Point; distribution of	7.1	M=15 F=16 Outsider(s)=6
2	5 – 11 March, 2021	Pamphlets - "Water Conservation"&Covid-19	Zotlang, Lunglei	F=18
		Vaccination Awareness Programme		Outsider(s)=8

		Special Camping – 3 (for 2020-21 year)		PO=3
3	24 th - 30 th	Renovation of Public Water Point; distribution of	Zohnuai,	M=9
	April, 2021	Pamphlets - "Water Conservation"&Covid-19	Lunglei	F=6
		Vaccination Awareness Programme		Outsider(s)=8

The Special Camping (SC) organized for 2021-2022 are provided in the table below:

S. No	Date	Programme	Venue	No. of Participants
		Special Camping – 1		PO=2
		Renovation of Public Water		N 4 4
	Dt. 17th -	Point; distribution of	Collogo Vong	M=4
1	23rd Dec,	Pamphlets - "Water	College Veng, Lunglei	г э
	2021	Conservation"&Covid-19	Lungier	F=2 Outsider(s)= 12 PO=2 M=10
		Vaccination Awareness		Outsider(s)=
		Programme		12
		Special Camping – 2		PO=2
	7 th - 13 th January, 2022	Renovation of Public Water		M-10
		Point; distribution of	Venghlun,	101-10
2		Pamphlets - "Water	Lunglei	F=3
		Conservation"&Covid-19	Langier	1 – 3
		Vaccination Awareness		Outsider(s)=
		Programme		6
		Special Camping – 3		PO=2
		Renovation of Public Water		M=8
	14 th - 23 rd	Point; distribution of	Electric Veng,	
3	January,	Pamphlets - "Water	Lunglei	F=5
	2022	Conservation"&Covid-19	Langier	
		Vaccination Awareness		Outsider(s)=
		Programme		7

Conclusion: Planning, organizing and teamwork are the key elements to the success of the NSS activities. Throughout the activities, the volunteers were exposed to community works as well as intellectual platforms in various forms. The NSS Unit, HATIM will continue to strive to achieve all round development for its volunteers and bring glory to God and the college.

