

BACHELOR OF SOCIAL WORK

BSW (Honours) COURSE STRUCTURE

Sl.No	First Semester	Hours	Credits
BSW 101	English	3	3
BSW 102	Introduction to Social Work	3	3
BSW 103	Psychology for Social Workers	3	3
BSW 104	Sociology for Social Workers	3	3
BSW 105	Field Work Practicum	6	3
	Observation Visits + Field Work Agencies	Total	15
Second Semester			
BSW 201	Working with Individuals	3	3
BSW 202	Working with groups	3	3
BSW 203	Economics and Politics for Social Workers	3	3
BSW 204	Field Work Practicum	6	3
	Concurrent Field Work in Social Welfare Agencies (1 day per week)	Total	12
Third Semester			
BSW 301	Social Problems in India	3	3
BSW 302	Working with communities	3	3
BSW 303	Fields of Social Work- I (Family and Child Welfare)	2	2
BSW 304	Fieldwork agencies (1 day per week)+ Rural camp (5 days)	6	3
		Total	11
Fourth Semester			
BSW 401	Social Work Research	3	3
BSW 402	Working with Social Welfare Organizations	3	3
BSW 403	Fields of Social Work –II (Community Development)	2	2
BSW 404	Fieldwork (in Communities) (1 day per week)	6	3
		Total	11
Fifth Semester			
BSW 501	Social Policy and Planning	3	3
BSW 502	Human Rights and Social Work	3	3
BSW 503	Fields of Social Work- III (Disability and Social Work)	2	2
BSW 504	Fields of Social Work- IV (Health and mental Health)	2	2
BSW 505	Fieldwork (in Communities) (2 days per week)	12	6
		Total	16
Sixth Semester			
BSW 601	Social Legislation	3	3
BSW 602	Fields of Social Work –V (Social Defense)	2	2
BSW 603	Environmental Studies (Comp)	3	3
BSW 604	Substance Abuse ; HIV/AIDS and Social Work	3	3
BSW 605	Field Work (in Agencies) (2 days per week)	12	6
	Block Placement in Aizawl	Total	17
	Total Number of Credits		82

BSW 102
Introduction to Social Work

Objectives

1. To provide an understanding of the influences that shaped Social Work Profession.
2. To introduce basic concepts relating to social work.
3. To develop an Understanding of basic methods and fields in social Work.

Unit I Early Influences

Charity
Social Service and Voluntary work
Social Welfare
Social Reform
Social Work

Unit II Value and Ethical Base of Social Work Practice

Assumptions of Social Work Practice
Social Work Values
Social Work Code of Ethics
Principles of Social Work

Unit III Methods of Social Work

Social Case Work
Social Group Work
Community Organization
Social work Research
Social Welfare administration

Unit IV Social Work as a Profession

Criteria of a Profession
Development of Social Work as a Profession
Professional Values
Fields of social Work

BSW 103
Psychology for Social Workers

Objectives

1. To develop an understanding of psychological concepts for social work practice
2. To develop an understanding of stages of human growth and development
3. To provide a basic understanding of problems in Human behaviour and personality.

Unit-I: Basic Concepts

Nature and Scope of Psychology
Psychology and Social work
Perception, Intelligence, Cognition, Emotion and Memory

Unit-II: Human Growth and Developmental

Stages of Human Growth and Development
Human Reproductive System
Heredity and Environment

Unit-III: Learning and Motivation

Learning

Principles of Learning: Classical and Operant Conditioning

Human Needs: Hierarchy of Needs

Motivation

Unit – IV Personality

Personality: Types and Traits

Psychodynamic Approach

Cognitive Approach

Erikson's Psycho Social Approach

BSW 104

Sociology for Social Workers

Objectives

1. To sensitize the Social work students on basic sociological concept.
2. To introduce a basic understanding of Social Institutions.
3. To develop an understanding of Social System and Social Change.

Unit I: Basic Concepts

Nature and Scope of Sociology

Sociology and Social Work

Society and Community

Associations and Institutions

Groups and Tribes

Unit II: Social Institutions

Social Stratification

Caste and Class

Family, Marriage and Kinship

Education

Religion.

Unit III: Social System and Social Control.

Social Structure and Social Systems

Culture and Civilization

Social Control

Agencies of Social Control.

Unit IV: Social Change

Concepts of Social change

Factors of Social change: Processes: Modernization, Westernization, Sanskritization.

Social Movements.

References

BSW 201
Working with Individuals

Objective

1. To provide an understanding of Social Work method of working with individuals.
2. To develop an understanding of values, principles and skills required in Social Group Work process
3. To sensitize students to the practice of Social Case Work.

Unit I Basic Concepts

Human Needs; Bio-Psycho-social Perspective
Case Work Relationship
Concept of Social Case Work
Components of Social Case Work

Unit II Ethical Base in Social Case Work

Values
Principles
Tools and Techniques
Skills

Unit III Case Work Process

Study/Assessment
Diagnosis
Intervention

Unit IV Institutional Settings for Practice

Schools
Hospitals

BSW 202
Working with Groups

Objective

1. To provide an understanding of Social Work method of working with groups
2. To develop an understanding of values, principles and skills required in Social Group Work process
3. To sensitize students to the practice of Social Group Work.

Unit I Basic Concepts

Concept of Groups
Types of Groups
Challenges in Groups
Social Group Work-Concept and Definition

Unit II Ethical Base in Social Group Work

Values
Principles
Tools and Techniques
Skills

Unit III Group Work Process

Stages of Group Development
Group Dynamics
Group Work Process

Unit IV Practice of Group Work

Children
Elderly
Youth, Women
Self Help Groups

BSW 203
Economics and Politics for Social Workers

Objectives

1. To sensitize the social work students on the importance of understanding economy and polity.
2. To promote an understanding of the basic concepts of economics and political science.
3. To provide an understanding of the Indian economic structure and Indian polity.

Unit I: Basic Concepts of Economics

Political Economy and Economics
Nature and Scope of Economics
Economics and Social Work

Unit II Indian Economy

Characteristics of Indian Economy
Economic Growth and Development in India
New Economic Policy

Unit III Political Science for Social Workers

Nature and Scope of Political Science
Political Science and Social Work
State and Civil Society
Constitution and Types of Constitution

Unit IV Indian Polity

Salient Features of Indian Constitution
Fundamental Rights
Directive Principles of State Policy
Central and State Government

BSW 301 Social Problems in India

Objectives:

1. To provide a conceptual understanding of social problem.
2. To develop an understanding about the nature of social problems in India and north-east in particular.
3. To develop skills of intervention in dealing with social problems in India and north-east.

Unit – I Basic Concepts

Social Disorganisation
Social Change
Social Problem
Causes and Consequences of social problems

Unit-II Social Problems in India

Poverty
Unemployment
Population explosion
Illiteracy

Unit-III Social Problems in North East

Alcoholism
Drug Abuse
Sex Work

Unit-IV Political problems

Insurgency
Communalism
Casteism
Corruption and nepotism

Working with Communities BSW 302

Objectives

1. To provide an understanding of the concept of community.
2. To provide a conceptual understanding of community practice.
3. To provide an understanding of the nature and scope of community practice in different settings.

Unit I Community and Community Work

Concept of Community

Types of Community
Community Organisation, Community Development, and Social Action
Goals of Community Work

Unit II Historical Development

Historical Development of Community Organization in the UK
Historical Development of Community Organisation in the US
History of Community Organisation in India

Unit III Social Work in Communities

Principles of Community Work
Techniques in Community Work
Process of Community Work
Role of Community Worker

Unit IV Community Work in Different Settings

Territorial Settings: Rural, Urban and Tribal
Functional: Community work in relation to Health, Education, Correctional setting

BSW 303

Family and Child Welfare

Objectives

1. To provide a conceptual understanding of Family and Child Welfare.
2. To develop an understanding about the needs and importance of Family and Child Welfare in social Work.
3. To develop an understanding about the significance of social work practice in the field of Family and child Welfare.

Unit – I Family Basic Concepts

Family- Concept
Types of Family
Functions of Family
Family Welfare- Concept, philosophy and Scope

Unit-II Social Work with Families

Family guidance
Family counselling
Family therapy
Role of social worker in family

Unit-III Child Welfare Basic Concept

Concept of Child
Needs and challenges of children
Child Welfare: Concept and Scope
Child's Rights: International and National Scenario

Unit-IV Social Work with children

Child Protection: Needs and Importance
Services and programmes for children in India
Role of Civil Society Organizations and Government Organizations
Role of Social Worker in Child Welfare

BSW 401
Social Work Research

Objectives

1. To help students to know the basic methods of social work research.
2. To develop student's knowledge on social research process.
3. To gain knowledge on application of statistical methods in social work research.

Unit I Basic Concepts

Scientific Method and Study of Social Phenomena
Social Research
Social Work Research
Theory, Concept and Hypothesis

Unit II Research Process

Research Process
Research Design
Social Survey
Sampling

Unit III Data Collection, Analysis and Presentation

Collection of Primary and Secondary Data
Processing, Analysis and Interpretation of Data
Tabular and Graphical Presentation of Data
Report Writing

Unit IV Statistics

Statistics: Concept, Uses and Limitations
Measures of Central Tendency
Dispersion

BSW 402
Working with Social Welfare Organizations

Objectives

1. To develop an understanding of basic concepts of social welfare.
2. To develop an understanding of social welfare administration.
3. To provide an understanding of voluntary organisations and Scope of social work.

Unit-I Basic Concepts

Charity
Welfare
Social Security
Social Service and Scope

Unit-II Social Administration

Concept of Administration
Structure and Functions
Types of Administration

Problems of organization

Unit –III Basic Elements in Administration

POSDCORB

Finance and Office Administration

Public relations and Publicity

Unit –IV Social Welfare Across settings

Government setting

Voluntary setting

Registration of Societies and Trust

Scope of social work intervention

BSW 403

Community Development

Objectives

1. To provide the students an understanding of the concept of community development.
2. To develop an understanding of rural, urban and tribal communities.
3. To enhance the knowledge of the students in various approaches and strategies of community development.

Unit I Community Development

Concept

Principles and Process

Methods

Strategies

Unit II Rural Community

Village as Community

Rural Social Institutions

Rural Social Problems

Rural Development Approaches

Unit III Urban Community

Urban Area and Urban Neighborhood

Urbanization

Urban Problems

Urban Development Approaches

Unit IV Tribal Community

Tribe

Tribal Social Structure

Tribal Problems

Tribal Welfare, Development, and Empowerment

BSW 501

Social Policy and Planning

Objectives:

1. To provide a conceptual understanding of social policy and planning
2. To develop an understanding about the process of policy making and planning
3. To develop an understanding about the significance of social work in social policy and planning.

Unit – I Basic Concept

Social Needs
Social Justice
Social Welfare
Models of Welfare

Unit-II Social Policy

Concept of Social Policy
Goals of Social Policy
Process of Policy Making:
Role of Civil Society Organizations and Government Organizations
Social Work and Social Policy

Unit-III Social Policy in India

Sources of Social Policy
Policies for Children in India
Policies for Women in India
Policies for Disabled in India

Unit-IV Social Planning

Need for Planning
Concept and Types of Planning
Concept and Goals of Social Planning in India
Mechanisms and Process of Social Planning in India

BSW 502

Human Rights and Social Work

Objectives

1. To provide an understanding of the concepts related to human rights.
2. To sensitize the students about the contemporary human rights violations and mechanisms of redressal.
3. To equip the students with an understanding of the scope of social work practice involved in human rights protection.

Unit I Basic Concepts

Liberty and equality
Freedom
Justice
Human Rights

Unit II Historical Development

Magna Carta 1215 A.D.
English Bill of Rights 1689 A.D.
Wars of Independence – American & French Revolution
International Treaties - Treaty of Versailles, League of Nations, UN Declaration of Human Rights 1948

Unit III Human Rights Violation and Redressal

Children's Rights
Women's Rights
Migrants Rights
Refugees Rights

Unit V Human Rights Machinery

United Nations Organisation
National Human Rights Commission
Civil Society Organisations
Human Rights and Social Work

BSW 503 Disability and Social Work

Objectives

1. To develop an understanding of the causes and consequences of disability.
2. To develop sensitivity to working with challenged populations.
3. To provide information of the scope of social work and disability.

Unit I Basic Concepts

Impairment

Handicap

Disability

Causes and consequences

Unit II Types of Disability

Orthopedic

Visual

Hearing Impairments

Mental Retardation

Unit III Legislations

History of Legislations in reference to Disability

PWD (EO, PR&FP), 1995 - Salient Features

RCI, Act, 1992

National Trust for the Welfare of persons with Mental Retardation and Cerebral Palsy Act, 1999

Unit IV Services for the Challenged

Services and Schemes of the Government of India

Services and Schemes in Voluntary Sector

Institutions for the Challenged

Unit V Social Work and Disability

Case Work

Group Work

Community Work and Disability

Advocacy

BSW 504 Social Work- Health & Mental Health

Objectives

1. To understanding of basic concepts related to health.
2. To understand the scope of Social work in Health settings.
3. To understand the nation Health Programme in India

Unit-I Basic Concepts

Health-Illness- Disease Concept & Definitions

Mental health- Concept & Definitions

Prevention, Promotion and Rehabilitation

Hospital and NGO settings in Health

Unit-II Health Problems

Communicable diseases
Non-communicable Diseases
Lifestyle illnesses
Psychiatric Illnesses

Unit –III National Health programmes

Revised National Tuberculosis Control Programme (RNTCP)
National Cancer Control programme
National Mental Health programme
National Malaria Eradication programme

Unit –IV Scope of Social Work

Social Case Work
Social Group Work
Community Organization
Advocacy in health settings

**BSW 601
Social Legislation**

Objectives

1. To provide an understanding about the basic concepts of Social Legislation.
2. To develop an understanding about the judicial system and legal processes in India.
3. To equip students with the knowledge of legislations related to vulnerable population and the role of social workers in promoting social justice.

Unit I Basic Concepts

Social Justice
Law: Civil & Criminal
Customs and law
Social Legislation

Unit II Judicial System in India

Fundamental Rights
Directive Principles of State Policy
Court system

Unit III Legal Processes

Public Interest Litigation
Legal Aid
Family Court
Lok Adalat

Unit IV Social Work and Social Legislation

Juvenile Justice (Care and Protection) Act 2001
Domestic Violence Act 2005
Persons with Disabilities Act 2005
Role of Social Workers

BSW 602
Social Defense

Objectives:

1. To provide a conceptual understanding of social defense.
2. To develop an understanding about the problems of crimes and the system of managing crimes in India.
3. To equip students with the knowledge of different correctional services and roles of social workers in rehabilitating offenders and victims of crimes.

Unit – I Basic Concepts

Norms and sanctions
Deviance and social order
Laws, crimes and punishments
Social Defense: Concept and types

Unit-II Issues of social defense in India

Juvenile Delinquency
Crime against women
Crime against children

Unit-III Criminal Justice System in India

Police
Judiciary
Legislations
National and International Commissions

Unit-IV Correctional Services

Institutional Services: Prisons and approved homes
Non-Institutional Services: Probation and parole
Civil Society Organisations
Role of social workers

BSW 604
Substance Abuse; HIV/AIDS, and Social Work

Objectives

1. To understand concepts related to substance abuse
2. To understand concepts related to HIV/AIDS
3. To develop an understanding of the scope of Social Work practice with substance abusers and persons affected and infected with HIV/AIDS

Unit-I Substance Abuse

Use, Misuse, Abuse
Dependance-Psychological and Physical
Causes of Substance abuse
Consequences of substance abuse

Unit-II HIV/AIDS

HIV/AIDS- Prevention, Rehabilitation
Causes of HIV/AIDS
Testing Procedures
Vulnerability and Risk

Unit –III Issues (PLHIV)

Individual-PLHIV
Effects on Families
Effects on Communities
Stigma and Discrimination

Unit –IV Scope of Social Work

Social Case Work
Social Group Work
Community Organization
Advocacy in health settings

BSW 605

Field Practicum with Agencies
Organization Profiling
Critical analysis of services and programme
Evaluation of agencies programmes and social work intervention

Block Placement

Students are expected to complete 15 days of exposure in state, Regional, National and international agencies of their choice as a mandatory requirement for BSW degree.